



Finding Your North

Power of Purpose Toolkit

February 2022



Strengths



6 Questions



Part 1

Send the following note to 10 people who know you well. What are their responses like? On a separate sheet of paper, group their responses by question and use a highlighter to find the themes.

Dear friends and colleagues,

As part of my ongoing professional development work I have an exercise which I would really appreciate your inputs on. One of my actions is to ask 10 people the below 6 questions.

I've chosen you because I'm sure you will help me out and because I think you will have a good feel for some of the answers.

I'm totally open to hearing things that may be unexpected, please be as honest as you can be.

It should only take 5 minutes of your time, just give me your spontaneous answers.

Thanks so much for your help.

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1. What do you think I'm good at?
 2. What do I do really well?
 3. What do I never shut up about/am passionate about?
 4. What do I do/say/think/see differently from other people that you think is important and I should do more of?
 5. What do I help you do that perhaps I don't realise?
 6. What do I do which you wish you could learn?

6 Questions



Part 2

Write down the major themes you found across the responses you received.

What have you learned? What is consistently coming up? What has surprised you?
What does it make you think? Jot down some notes here:



Making a difference

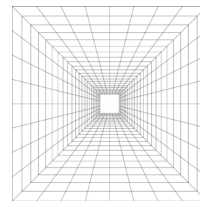
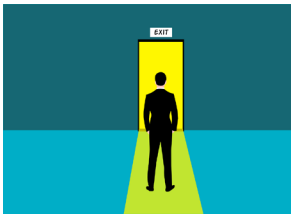
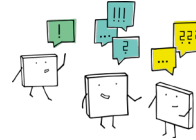
8 collages to inspire you –
which are you most drawn towards?





Possibilities/Making Things Happen

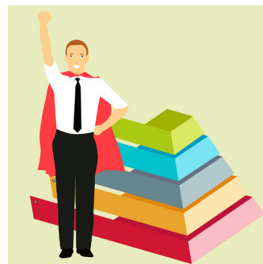
problem solving, communication, finding potential, seeing perspectives





Personal Growth/Being One's Best

growth, perseverance, passion, drive, ambition, strength





Community

family, kindness, charity, bringing people together



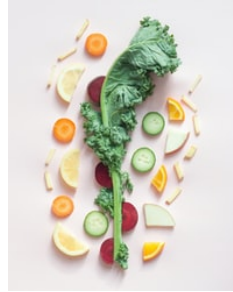
VOLUNTEER





Making a Difference/Building a Legacy

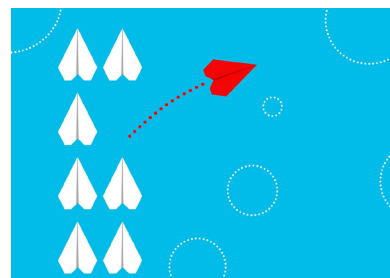
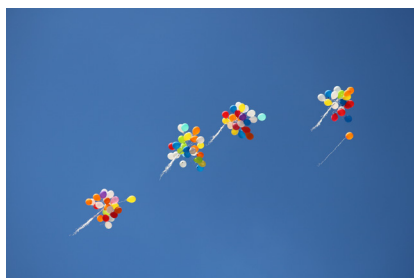
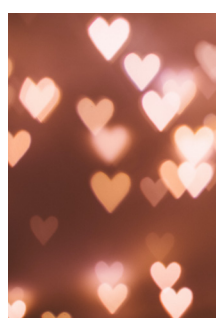
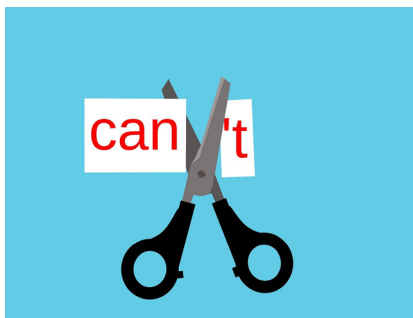
making the world a better place, macro causes, long-term impact





Optimism

guiding/helping others, spreading positivity, looking on the bright side, empowering people



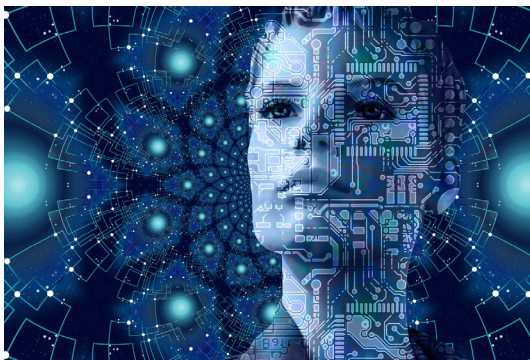


Challenging the Status Quo/Innovation

future focused, thinking and acting big, seeking new ideas



The manager accepts the status quo; the leader challenges it



GREAT THINGS ARE NOT ACCOMPLISHED BY THOSE WHO YIELD TO TRENDS AND FADS AND POPULAR OPINION

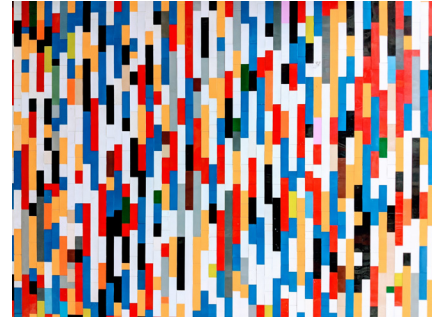
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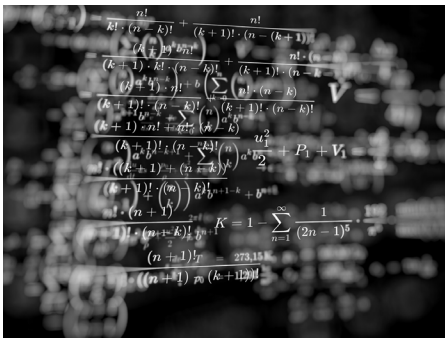
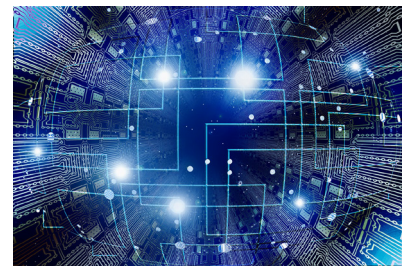
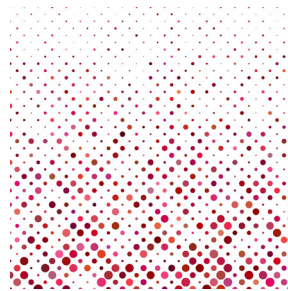


Simplifying Complexity

finding patterns, cutting through the clutter



“THE ABILITY TO SIMPLIFY MEANS TO ELIMINATE THE UNNECESSARY SO THAT THE NECESSARY MAY SPEAK”





Exploration & Adventure

taking risks, adventure, exploration, bravery



Purpose

Additional inspiration



The list below is a mix of talks, articles, and books to continue to inspire you on your purpose crafting journey. Remember, It takes time to come up with your purpose statement so don't worry if you haven't cracked it yet. Keep talking about it with the people who know you best and continue to revisit your thinking until it feels right.

How passion becomes purpose

TED Playlist



Be inspired to find the work you love to do with these TED Talks full of passion and zeal.

The happy secret to better work

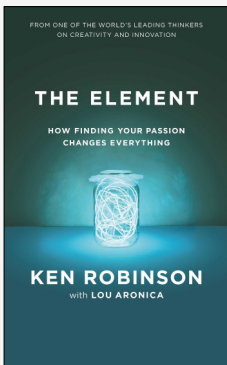
Shawn Achor



We believe we should work hard in order to be happy, but could we be thinking about things backwards? In this fast-moving and very funny talk, psychologist Shawn Achor argues that, actually, happiness inspires us to be more productive.

The Element

Sir Ken Robinson



The Element is the point at which natural talent meets personal passion. In this hugely influential book, world-renowned creativity expert Ken Robinson considers the child bored in class, the disillusioned employee and those of us who feel frustrated but can't quite explain why - and shows how we all need to reach our Element.

Autonomy, Mastery and Purpose

Daniel Pink



Author Daniel Pink gives us the secret to motivation. It's his autonomy mastery purpose framework, which is effective because it allows for intrinsic rather than extrinsic motivation.



Life Purpose: 10 tips to learn how to find your passion

Jack Canfield

If you want to be fulfilled, happy, content, and experience inner peace and ultimate fulfillment, it's critical that you learn how to find your passion and life purpose.

Thank you

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